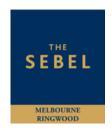
Be Inspired with Be Challenged

Interactive team building events that turn individuals into collaborators and more effective team players

Be Challenged is proud to be associated with the



Relax, unwind and indulge at The Sebel Melbourne Ringwood, perfectly positioned at the gateway to the Yarra Valley and the most frequented business and leisure destinations in Melbourne's east. Discover stunningly appointed rooms and apartments replete with all the amenities you would expect as well as state-of-the-art conference and event facilities.





About Be Challenged

Since 2008, Be Challenged has specialised in workshops and programs designed to foster team cohesion, personal growth, skills and job satisfaction. In that time, we have engaged over 468,000 participants of some 5,760 programs for 1,947+ happy customers.

So, whether you're looking to develop your team's skills, drive performance and leadership, give back to the community or simply have some fun, we have the program or workshop to suit, for groups of five to 1,000 plus people.

Popular Program Choice





All our programs are designed to deliver key outcomes around job satisfaction. teamwork. communication. leadership, problem solving and strategic thinking.

However, each program has a specific focus and uses different methods and delivery formats to achieve these outcomes. To help ensure we create and deliver you the perfect program, we have separated our offerings into three categories.

All we need to know is how you want your team to Be Challenged.

For more information. please contact Be **Challenged or The Sebel** Melbourne Ringwood

MOST POPULAR PROGRAMS AT THE SEBEL MELBOURNE RINGWOOD



FUN AND TEAM BUILDING

- **Mastermind**
- (\checkmark) **Ouickfire**
- **Chain Reaction**





CONFERENCES AND MEETINGS

- **The Big Picture**
- **Beat the Box**
- **The Infinite Loop**





LEARNING AND DEVELOPMENT

- **Peak Performance**
- **DiSC Workshop**
- 5 Behaviours of a **Cohesive Team**



For more programs and information visit <u>www.bechallenged.com.au/programs</u>





